FAKE MEAT OR DOG FOOD?

Which is which?

Water, Pea Protein Isolate*, Expeller-Pressed Canola Oil, Refined Coconut Oil, Rice Protein, Natural Flavors, Cocoa Butter, Mung Bean Protein, Methylcellulose, Potato Starch, Apple Extract, Salt, Potassium, Chloride, Vinegar, Lemon Juice Concentrate, Sunflower Lecithin, Pomegranate Fruit Powder, Beet Juice Extract

Pea, Sweet Potato, Pea Protein, Pea Starch, Lentils, Flaxseed Meal, Sunflower Oil Preserved with Mixed Tocopherols, Calcium Carbonate, Vegetable Flavoring, Salt, Vitamins (Choline Chloride, Vitamin E Supplement, Vitamin A Supplement, Vitamin D3 Supplement, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin Supplement, Niacin, Folic Acid, Biotin, Vitamin B12 Supplement, Minerals

Synthetic “meats” are ultra-processed industrial imitations.

P.S. The one on the right is the dog food.

*Ultra-processed foods are formulated from industrial ingredients and contain little or no intact foods, according to NOVA food classification. A recent National Institutes of Health study found ultra-processed foods cause weight gain.

Find out what you’re putting in your mouth at CleanFoodFacts.com

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