

Alfalfa sprouts	Clams	Fried mozzarella sticks	Macaroni and cheese
Apple pies	Condiments	Fried rice	Margarine
Baby food	Cookie dough	Fried shrimp	Mayonnaise
Bacon	Cookies	Frozen dinners	Meatloaf
Baked potatoes with sour cream	Corned beef	Frozen turkey	Meat-stuffed grape leaves
Baklava	Crackers	Fruit cocktails	Melons
Beef	Cream cheese	Fruit drinks	Milk
Beef burritos	Cream of broccoli soup	Fruit juice	Milk shakes
Beer	Creamed spinach	Fudge brownie sundaes	Movie popcorn
Belgian waffles	Croissants	Garlic bread	Mushrooms
Berries	Danish	General Tso's chicken	Mussels
BLT sand- wiches			Olestra
Brie			Omelets
Buffalo wings			Onion rings
Butter			Orange beef
Caffe latte			Oysters
Caffe mocha			Pancakes
Caffeine			Pastries
Candy			Pizza
Canned fish			Pork chops
Cantaloupes			Potato chips
Cappuccino			Prime rib
Cereals			Pudding
Cheese			Rotisserie turkey
Cheese fries			Saccharin
Cheese manicotti	Desserts	Granola bars	Salad dressings
Cheese nachos	Dips	Greek salads	Salads
Cheese ravioli	Donuts	Grilled cheese	Salt
Cheeseburgers	Eggplant Parmigiana	Gyros	Sandwiches
Cheesecake	Eggs	Ham sandwiches	Sausage
Chef's salad	Enchiladas	Hamburgers	Scones
Chicken enchiladas	Fat-free cakes	Home-canned vegetables	Seafood
Chicken fingers	Fat-free cookies	Homemade eggnog	Shellfish
Chicken nuggets	Fat-free ice cream	Homemade frosting	Soups
Chicken pot pies	Feta cheese	Hot fudge sundaes	Spaghetti and meatballs
Chile rellenos	Food coloring	Kung Pao chicken	Stuffed potato skins
Chimichangas	French fries	Lasagna	Sweet and sour pork
Chocolate cake	French toast	Lettuce	Taco salads
Chocolate chips	Fried calamari	Lo mein	Veal Parmigiana
Chocolate mousse	Fried clams	Luncheon meats	Waffles
	Fried fish		Wine

WARNING!

The misnamed Center for Science in the Public Interest has issued warnings about all of the foods listed. Now they're calling for warning labels on soft drinks. Take CSPI recommendations with a grain of salt (only one, of course.) Caution: Use of CSPI information may result in a loss of common sense.*

**Find Out More About CSPI
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**CSPI bases its policy suggestions on the premise that people cannot make good food and beverage decisions without government intervention in the form of bans, taxes, lawsuits, and warnings. Caution: CSPI contains traces of nuts.*

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